



6. They came out of Paradise.



30. It is only in the Church that we can be saved.



43. We should go to church often in order to have unity with Christ and our brethren.

6. When, after their sin, Adam and Eve lost their communion with God, they came out of Paradise, that real and blessed place.

30. The Church is the ark of salvation. In a way it resembles the Old Testament ark which saved Noah from the flood with his family and the various animals. All who enter the Church and strive to keep God's commandments are saved.

43. It is not enough for an Orthodox Christian to have been baptised, but he must live the sacramental life of the Church and pray to God and feel that he belongs to a community, to a family. He lives in this way when he goes to church regularly. Therefore we must continuously attend church, and especially take part in the Holy Eucharist every Sunday and every great feast. Thus we will come to feel that we are not alone and orphans but that we have a Father and brothers.